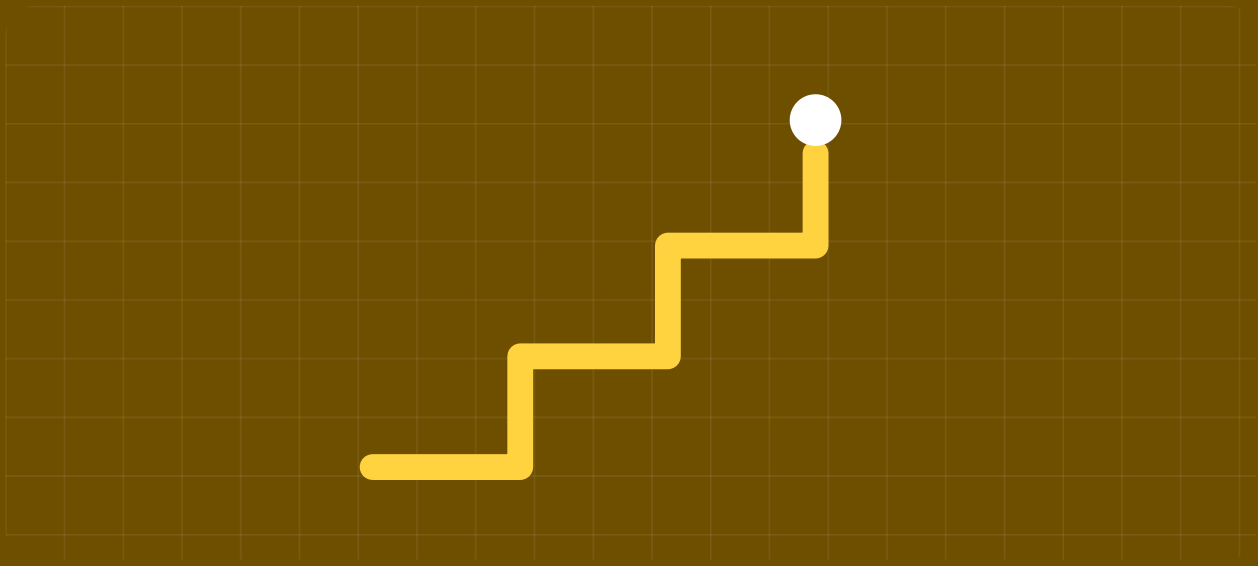
UpOnly Learning



LEVEL 3 · GRADES 4–5

FREE SAMPLE WORKBOOK

Learn Portuguese Level 3 · Grades 4–5

One step at a time. · Ages 9–11 · Free sample: 1 of 12 topics

UO-PTKIDS-L3

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OUR STORY

One step at a time

I'm Dr. Evan J. Hasson. I've run a specific chiropractic practice for over twelve years, and I'm a dad of three. My work is about alignment: get the structure right, and everything else works better.

At home, nothing was aligned. I was spending thousands a month on tutors, extracurriculars and programs, and when I asked about enrolling a second or third child the answer was always the same: that'll be double, that'll be triple. The charter school had a waiting list. The good public school had a waiting list. The private schools had the kind of list where it helps to know someone, or to give generously first.

And underneath all of it, the same quiet threat: if you don't pay for this, your child will fall behind. Not sold with evidence. Sold with fear.

So I did my own research, and here is what I found: none of it is secret. The standards are published. The order a child should learn in is written down and freely available. It is just scattered. Nobody had done the work of pulling it together, putting it in order and handing it over. So I did.

When every step has its place, confusion has nowhere to hide.

I built this for my own kids. I'm giving it to yours.

Dr. Evan J. Hasson, DC
Founder and dad of three

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No guaranteed results, and mistakes happen. Every student learns differently. We write and review every question and answer key carefully, and we still get things wrong — an answer key can be wrong, and a question can be worded badly or have two defensible answers. Check the answer key before you hand it over, and trust your own judgement over ours. Found a problem? **Photograph the page and email it to support@uponlylearning.com** — the picture tells us more than a description, and we fix it for every family.

Safety. Some activities use household items such as scissors, coins or food. An adult should supervise and skip anything unsafe for the student.

Not professional advice. This workbook does not replace an evaluation by a qualified educator or specialist. The founder is a Doctor of Chiropractic; UpOnly Learning does not provide medical or health advice.

Full terms: uponlylearning.com/legal

INTRODUCTION

How to use this workbook

Each topic follows the same steps, so your student always knows what comes next.

1. ① **Quick Check.** 10 questions before you teach. Read them aloud for younger students. A high score means you can move faster.
2. ② **Learn It.** Key words, step-by-step teaching with lines you can read aloud, worked examples and the mistakes to watch for.
3. ③ **We Do It Together.** 10 questions you do side by side. The answer and the "why" are printed right after each question, so you can talk it through.
4. ④ **You Try.** 10 questions your student does alone.

Answers with short explanations for every question are in the **Answer Key** at the end of each topic, so students can work without peeking. Go over each wrong answer together using the explanation.

This workbook is printed in full color. To save ink, choose "Black and white" or "Grayscale" in your printer settings; every page still works in black and white.

Want online checks that score themselves and track each student's progress? Visit uponlylearning.com.

RECOMMENDED PLAN · UO-PTKIDS-L3

How to use this Learn Portuguese book in Level 3 · Grades 4–5

Pace

Spend 1 to 2 weeks on each of the 12 topics, about 12 to 24 weeks for the whole book, in 2 to 4 sessions a week.

A typical session

A typical 30 to 40 minute session covers the Quick Check, Learn It with read-aloud practice, We Do It Together, and a block of You Try questions.

Tips for this book

- For What time is it? and My daily routine, describe your own family's day in Portuguese using a real clock.
- At the snack bar: ordering and paying works best as role play with a menu and play money.
- For Where is it? Simple directions, hide an object and give directions in Portuguese to find it.
- Write and perform my own song is a great finish; let your student perform it for the family.

> *Your student is starting to use Portuguese to talk about real life, and your cheering helps them speak with confidence.*

LEVEL 3 · GRADES 4–5

CONTENTS · UO-PTKIDS-L3

Learn Portuguese: Level 3 · Grades 4–5

Free Sample Workbook · Ages 9–11 · 1 of 12 topics, with a Quick Check, a lesson, We Do It Together, You Try and an answer key

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Topic 1 · Describing people **7**

Describe a person with ser and ter: Ela é alta, Ele tem cabelo preto; match -o and -a endings `ACTFL Novice High: Presentational Speaking`

Quick Check 7 · Learn It 8 · We Do It Together 10 · You Try 12 · Answer Key 13

TOPIC 1 · ACTFL NOVICE HIGH: PRESENTATIONAL SPEAKING

Describing people

The student will describe a person's appearance and personality in Portuguese using ser and ter, matching -o and -a endings to the person.

① Quick Check

Do this before the lesson. It shows what your student already knows. Score: ____ / 10

1. What does cabelo liso mean?

   A brown hair **B** long hair **C** straight hair **D** curly hair

2. What does baixo mean?

   A funny **B** short **C** tall **D** nice

3. Say out loud in Portuguese: She is tall.

4. What does olhos mean?

   A eyes **B** glasses **C** ears **D** hair

5. Translate: She has blue eyes.

   A Ela tem olhos azuis. **B** Ele tem olhos azuis. **C** Ela é olhos azuis. **D** Ela tem olhos verdes.

6. What does Meu pai é alto e tem cabelo preto mean?

   A My dad is tall and has brown eyes. **B** My dad is tall and has black hair. **C** My mom is tall and has black hair. **D** My dad is short and has black hair.

7. Translate: He is nice and funny.

   A Ele é simpática e engraçada. **B** Ele tem simpático e engraçado. **C** Ele é simpático e engraçado. **D** Ela é simpática e engraçada.

8. Translate: She has straight hair and glasses.

   A Ela tem cabelo cacheado e óculos. **B** Ela é cabelo liso e óculos. **C** Ele tem cabelo liso e óculos. **D** Ela tem cabelo liso e óculos.

9. Guess who: Ele é alto. Ele tem cabelo liso e olhos azuis. Which person fits?

   A Tom: short, curly hair, brown eyes **B** Ben: tall, curly hair, green eyes **C** Max: tall, straight hair, blue eyes **D** Lia: tall, straight hair, blue eyes

10. Fix the mistake: Ela é engraçado.

    A Ela tem engraçado. **B** Ela é engraçados. **C** Ele é engraçada. **D** Ela é engraçada.

② Learn It

Key words

- **Ele é... / Ela é... (EH-lee eh / EH-lah eh)**: He is... / She is...
- **Ele tem... / Ela tem... (teyn)**: He has... / She has...
- **alto / alta (AHL-too / AHL-tah)**: tall
- **baixo / baixa (BY-shoo / BY-shah)**: short
- **simpático / simpática (seen-PAH-chee-koo / -kah)**: nice, friendly
- **engraçado / engraçada (en-grah-SAH-doo / -dah)**: funny
- **inteligente (een-teh-lee-ZHEN-chee)**: smart (same for he and she)
- **cabelo (kah-BEH-loo)**: hair
- **cabelo cacheado / liso (kah-shee-AH-doo / LEE-zoo)**: curly hair / straight hair
- **olhos castanhos / azuis / verdes (kahs-TAHN-yoos / ah-ZOO-ees / VEHR-jees)**: brown / blue / green eyes
- **óculos (AW-koo-loos)**: glasses

Warm-up

1. Greet with Oi! Tudo bem? Review colors and body parts: point to your hair and eyes and ask the student to name them.
2. Play a quick guess-who in English: describe a family member and the student guesses.

> *Oi! I'm thinking of someone in our family who is tall and funny. Who is it? Today we learn to describe people in Portuguese.*

Teach

1. Teach the two key verbs: é (is) for what someone is like, and tem (has) for what someone has. Ela é alta. Ela tem cabelo cacheado.
2. Show the ending rule: describing words end in -o for a boy or man and -a for a girl or woman. Ele é alto. Ela é alta. Words ending in -e, like inteligente, stay the same.
3. Go through each vocabulary word with a photo or drawing, saying a full sentence.
4. Model a three-sentence description: Esta é minha tia. Ela é alta e engraçada. Ela tem cabelo liso e olhos castanhos.
5. Note that colors after olhos are plural: olhos azuis, olhos verdes, olhos castanhos.

> *Ele é alto, she is alta. Ele tem olhos azuis, he has blue eyes. Listen for the ending: -o for him, -a for her.*

Guided practice

1. Show photos; the student says one é sentence and one tem sentence for each person.
2. Say a sentence with a wrong ending on purpose, like Ela é alto; the student fixes it.
3. Play Guess Who in Portuguese: the student describes someone and you guess, then switch.

> *Ela é baixo? Hmm, is that right? Fix it for me!*

Worked examples

Describe a girl who is tall and has curly hair.
Ela é alta e tem cabelo cacheado. She is a girl, so alto becomes alta; hair is something she has, so we use tem.

Your grandpa is funny and wears glasses. Describe him.
Ele é engraçado e usa óculos (OO-zah, wears) or Ele tem óculos. He is a man, so engraçado keeps the -o.

Watch for these mistakes

Mistake: Ele tem alto means he is tall.
Fix: Explain: é is for what a person is like (tall, nice), tem is for what a person has (hair, eyes, glasses). Make two columns titled É and TEM and sort word cards.

Mistake: Inteligente becomes inteligenta for a girl.
Fix: Show that words ending in -e stay the same for everyone: ele é inteligente, ela é inteligente. Only -o words switch to -a.

③ We Do It Together: 10 questions

> *Do these side by side. Read each question together, let your student answer, then read the answer and the "why" right below it and talk it through.*

1. How do you say hair in Portuguese?

A cabelo **B** cabeça **C** óculos **D** olhos

> **Answer: A** cabelo
> **Why:** Cabelo (kah-BEH-loo) is hair. Cabeça is head.

2. What does Ele tem mean?

A I have **B** He is **C** She has **D** He has

> **Answer: D** He has
> **Why:** Ele means he and tem means has.

3. How do you say tall for a boy?

A altos **B** alto **C** alta **D** baixo

> **Answer: B** alto
> **Why:** For a boy or man, tall is alto, with -o.

4. What does óculos mean?

A eyes **B** hair **C** hat **D** glasses

> **Answer: D** glasses
> **Why:** Óculos (AW-koo-loos) are glasses you wear on your eyes.

5. Which sentence is correct?

A Ele tem alto. **B** Ela é baixa. **C** Ela é baixo. **D** Ele é cabelo liso.

> **Answer: B** Ela é baixa.
> **Why:** Use é to describe what a person is like, and -a for a girl.

6. What question asks what someone is like?

A Quem é ele? **B** Quantos anos ele tem? **C** Como é ele? **D** Onde está ele?

> **Answer: C** Como é ele?
> **Why:** Como é...? asks what someone is like. Quem é? asks who.

7. Choose é or tem: Minha avó ___ óculos.

A são **B** tem **C** é **D** sou

> **Answer: B** tem
> **Why:** Glasses are something she has, so use tem.

8. Translate: He is short.

A Ele é baixo. **B** Ele tem baixo. **C** Ela é baixa. **D** Ele é baixa.

> **Answer: A** Ele é baixo.
> **Why:** He is ele é, and for a boy short is baixo.

9. Complete the answer: A: Como é o seu amigo? B: Ele ___ engraçado e ___ cabelo preto.

A é, tem **B** é, é **C** tem, é **D** sou, tenho

> **Answer: A** é, tem
> **Why:** Funny is what he is (é), and black hair is what he has (tem).

10. Fix the mistake: Meu avô tem alto.

A Meu avô é alto. **B** Meu avô é alta. **C** Meu avô tem alta. **D** Minha avô é alto.

> **Answer: A** Meu avô é alto.
> **Why:** Tall is what a person is, so use é. Avô is a man, so alto keeps -o.

④ You Try: 10 questions

Now your student works alone. Check answers in the Answer Key at the end of this topic. Score: ____ / 10

1. What does simpático mean?

A nice, friendly **B** funny **C** smart **D** tall

2. How do you say funny for a girl?

A engraçado **B** engraçade **C** engraçada **D** simpática

3. What does olhos castanhos mean?

A green eyes **B** brown eyes **C** gray eyes **D** blue eyes

4. Choose the right ending: A professora é ___ (alto / alta).

A alte **B** alto **C** alta **D** altos

5. Choose the right ending: Minha prima é ___ (engraçado / engraçada).

A engraçados **B** engraçado **C** engraçada **D** engraçade

6. Translate: She is smart.

A Ele é inteligente. **B** Ela tem inteligente. **C** Ela é inteligenta. **D** Ela é inteligente.

7. Sofia says: Eu sou alta e tenho olhos verdes. What is Sofia like?

A tall with green eyes **B** short with brown eyes **C** short with green eyes **D** tall with blue eyes

8. Which description fits a man who is tall, friendly and wears glasses?

A Ele é alto e simpático. Ele tem óculos. **B** Ele é alta e simpática. Ele tem óculos.

C Ela é alta e simpática. Ela tem óculos. **D** Ele tem alto e simpático. Ele é óculos.

9. Which description is about a girl?

A É alta e engraçada. **B** É baixo e simpático. **C** É alto e inteligente. **D** É engraçado e baixo.

10. Fix the mistake: Minha irmã é inteligenta.

A Minha irmã tem inteligente. **B** Minha irmã é inteligente. **C** Minha irmã é inteligento.

D Meu irmã é inteligente.

Describing people: Answers and explanations

① Quick Check

1. What does cabelo liso mean?
   C straight hair
   Liso (LEE-zoo) means straight or smooth.

2. What does baixo mean?
   B short
   Baixo (BY-shoo) means short. Alto means tall.

3. Say out loud in Portuguese: She is tall.
   Ela é alta. (EH-lah eh AHL-tah)
   Ela is a girl, so alto becomes alta.

4. What does olhos mean?
   A eyes
   Olhos (AWL-yoos) means eyes.

5. Translate: She has blue eyes.
   A Ela tem olhos azuis.
   She has is ela tem, and blue eyes is olhos azuis.

6. What does Meu pai é alto e tem cabelo preto mean?
   B My dad is tall and has black hair.
   Alto is tall, and tem cabelo preto is has black hair.

7. Translate: He is nice and funny.
   C Ele é simpático e engraçado.
   He is a boy, so both words keep -o, and we use é.

8. Translate: She has straight hair and glasses.
   D Ela tem cabelo liso e óculos.
   Hair and glasses are things she has, so use tem. Liso is straight.

9. Guess who: Ele é alto. Ele tem cabelo liso e olhos azuis. Which person fits?
   C Max: tall, straight hair, blue eyes
   Ele means a boy, alto is tall, liso is straight and azuis is blue. Lia is a girl.

10. Fix the mistake: Ela é engraçado.
    D Ela é engraçada.
    Ela is a girl, so engraçado must end in -a.

④ You Try

1. What does simpático mean?
   A nice, friendly
   Simpático (seen-PAH-chee-koo) means nice or friendly.

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2. How do you say funny for a girl?
   C engraçada
   For a girl, engraçado changes to engraçada, with -a.

3. What does olhos castanhos mean?
   B brown eyes
   Castanhos (kahs-TAHN-yoos) means brown, used for eyes and hair.

4. Choose the right ending: A professora é ___ (alto / alta).
   C alta
   Professora is a woman teacher, so use -a: alta.

5. Choose the right ending: Minha prima é ___ (engraçado / engraçada).
   C engraçada
   Prima is a girl cousin, so use -a: engraçada.

6. Translate: She is smart.
   D Ela é inteligente.
   Inteligente ends in -e, so it stays the same for a girl.

7. Sofia says: Eu sou alta e tenho olhos verdes. What is Sofia like?
   A tall with green eyes
   Alta is tall, and olhos verdes are green eyes.

8. Which description fits a man who is tall, friendly and wears glasses?
   A Ele é alto e simpático. Ele tem óculos.
   For a man, use -o endings; use é for tall and friendly and tem for glasses.

9. Which description is about a girl?
   A É alta e engraçada.
   The -a endings in alta and engraçada tell us it is a girl.

10. Fix the mistake: Minha irmã é inteligenta.
    B Minha irmã é inteligente.
    Inteligente ends in -e, so it never changes to -a.

THE FULL WORKBOOK

Keep going with the full Learn Portuguese workbook

You just tried one topic. The full Level 3 · Grades 4–5 workbook has every topic below, each with a Quick Check, a lesson, We Do It Together, up to 90 You Try questions, Show What You Know and a full answer key.

1. Describing people — ACTFL Novice High: Presentational Speaking
2. My home and my favorite places — ACTFL Novice High: Presentational Writing
3. What time is it? — ACTFL Novice High: Interpersonal
4. My daily routine — ACTFL Novice High: Presentational Speaking
5. Places and helpers in my community — ACTFL Novice High: Interpretive Reading
6. At the snack bar: ordering and paying — ACTFL Novice High: Interpersonal
7. Where is it? Simple directions — ACTFL Novice High: Interpretive Listening
8. Write and perform my own song — ACTFL Novice High: Presentational Writing
9. Esportes e Lazer: futebol, capoeira and more; how often — ACTFL Novice High: Interpersonal
10. Ser ou Estar? two ways to say to be — ACTFL Novice High: Interpersonal
11. Ontem Eu Brinquei: telling what happened (pretérito perfeito) — ACTFL Novice High: Presentational Writing
12. Viagem pelo Mundo Lusófono: the Portuguese-speaking countries — ACTFL Novice High: Interpretive Reading

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“I built this for my own children. I’m giving it to yours.”

— Dr. Evan J. Hasson, founder

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One step at a time.

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