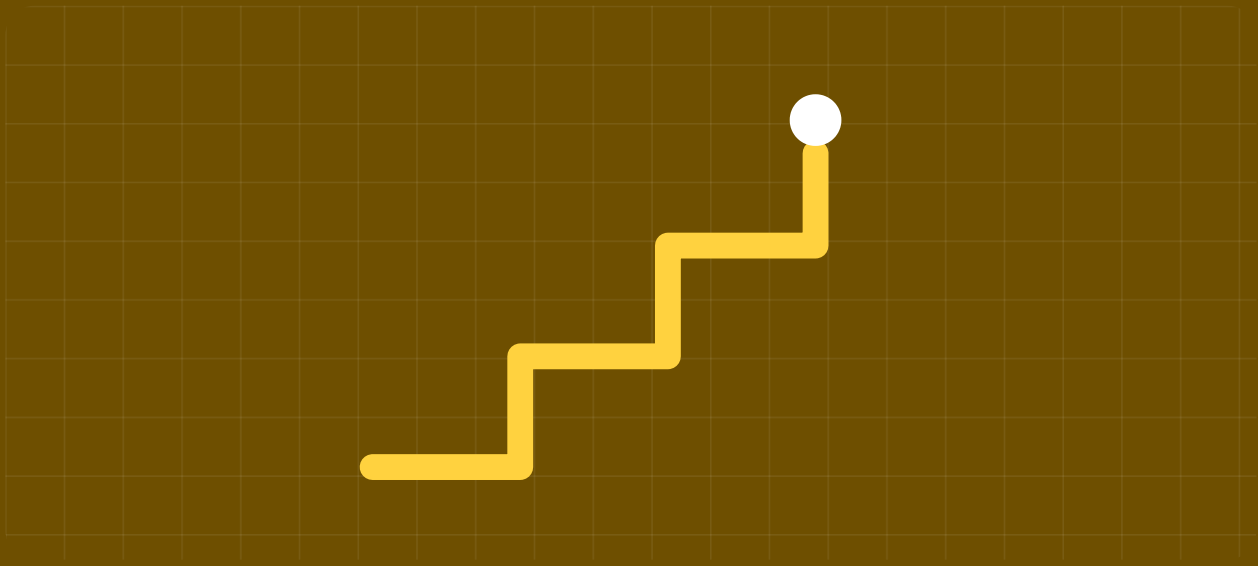
UpOnly Learning



LEVEL 1 · GRADES K–1

FREE SAMPLE WORKBOOK

Learn Portuguese Level 1 · Grades K–1

One step at a time. · Ages 5–7 · Free sample: 1 of 12 topics

UO-PTKIDS-L1

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OUR STORY

One step at a time

I'm Dr. Evan J. Hasson. I've run a specific chiropractic practice for over twelve years, and I'm a dad of three. My work is about alignment: get the structure right, and everything else works better.

At home, nothing was aligned. I was spending thousands a month on tutors, extracurriculars and programs, and when I asked about enrolling a second or third child the answer was always the same: that'll be double, that'll be triple. The charter school had a waiting list. The good public school had a waiting list. The private schools had the kind of list where it helps to know someone, or to give generously first.

And underneath all of it, the same quiet threat: if you don't pay for this, your child will fall behind. Not sold with evidence. Sold with fear.

So I did my own research, and here is what I found: none of it is secret. The standards are published. The order a child should learn in is written down and freely available. It is just scattered. Nobody had done the work of pulling it together, putting it in order and handing it over. So I did.

When every step has its place, confusion has nowhere to hide.

I built this for my own kids. I'm giving it to yours.

Dr. Evan J. Hasson, DC
Founder and dad of three

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No guaranteed results, and mistakes happen. Every student learns differently. We write and review every question and answer key carefully, and we still get things wrong — an answer key can be wrong, and a question can be worded badly or have two defensible answers. Check the answer key before you hand it over, and trust your own judgement over ours. Found a problem? **Photograph the page and email it to support@uponlylearning.com** — the picture tells us more than a description, and we fix it for every family.

Safety. Some activities use household items such as scissors, coins or food. An adult should supervise and skip anything unsafe for the student.

Not professional advice. This workbook does not replace an evaluation by a qualified educator or specialist. The founder is a Doctor of Chiropractic; UpOnly Learning does not provide medical or health advice.

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INTRODUCTION

How to use this workbook

Each topic follows the same steps, so your student always knows what comes next.

1. ① **Quick Check.** 10 questions before you teach. Read them aloud for younger students. A high score means you can move faster.
2. ② **Learn It.** Key words, step-by-step teaching with lines you can read aloud, worked examples and the mistakes to watch for.
3. ③ **We Do It Together.** 10 questions you do side by side. The answer and the "why" are printed right after each question, so you can talk it through.
4. ④ **You Try.** 10 questions your student does alone.

Answers with short explanations for every question are in the **Answer Key** at the end of each topic, so students can work without peeking. Go over each wrong answer together using the explanation.

This workbook is printed in full color. To save ink, choose "Black and white" or "Grayscale" in your printer settings; every page still works in black and white.

Want online checks that score themselves and track each student's progress? Visit uponlylearning.com.

RECOMMENDED PLAN · UO-PTKIDS-L1

How to use this Learn Portuguese book in Level 1 · Grades K–1

Pace

Spend 1 to 2 weeks on each of the 12 topics, about 12 to 24 weeks for the whole book, with 2 to 4 short sessions a week.

A typical session

Keep sessions to 15 to 20 minutes: say the new Portuguese words aloud together, play with them, then try a few We Do It Together and You Try questions.

Tips for this book

- Read every question aloud and say the Portuguese words clearly; listening and repeating matter most at this age.
- For Head, shoulders, knees and toes, sing and touch each body part while saying the Portuguese word.
- Use real objects for Numbers 1 to 10, Colors and shapes, and In my backpack: classroom objects.
- Say every new word out loud together and practice tricky sounds like ão; a free online dictionary with audio helps you check pronunciation.

> *You do not need to speak Portuguese to help; learning a few words alongside your student makes it more fun for both of you.*

LEVEL 1 · GRADES K–1

CONTENTS · UO-PTKIDS-L1

Learn Portuguese: Level 1 · Grades K–1

Free Sample Workbook · Ages 5–7 · 1 of 12 topics, with a Quick Check, a lesson, We Do It Together, You Try and an answer key

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Topic 1 · Hello: greetings and names **7**

Say oi, olá, tchau, bom dia; ask and answer Como você se chama? `ACTFL Novice Low: Interpersonal`

Quick Check 7 · Learn It 8 · We Do It Together 10 · You Try 12 · Answer Key 13

TOPIC 1 · ACTFL NOVICE LOW: INTERPERSONAL

Hello: greetings and names

The student will greet someone, say goodbye and tell their name in Portuguese.

① Quick Check

Do this before the lesson. It shows what your student already knows. Score: ____ / 10

1. It is after lunch. Which greeting fits?

   A boa tarde **B** boa noite **C** bom dia

2. Which greeting goes with the moon and stars?

   A boa noite **B** boa tarde **C** bom dia

3. What does Eu me chamo mean?

   A My name is **B** Goodbye, see you tomorrow **C** I like

4. Which greeting goes with the sun coming up?

   A boa noite **B** bom dia **C** tchau

5. Which word is NOT a greeting for hello?

   A oi **B** tchau **C** olá

6. It is 3 in the afternoon. Which greeting fits best?

   A Boa tarde! **B** Boa noite! **C** Bom dia!

7. Tell your name in Portuguese.

8. Your friend says Bom dia! What do you say back?

   A Tchau! **B** Boa noite! **C** Bom dia!

9. You get home from school at 4 in the afternoon. Mom says Oi! What can you add?

   A Bom dia! **B** Boa tarde! **C** Boa noite!

10. Greet a friend in the afternoon and tell your name in Portuguese.

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② Learn It

Key words

- **oi (OY)**: hi (friendly, for anyone you know)
- **olá (oh-LAH)**: hello
- **tchau (CHOW)**: bye
- **bom dia (bohn JEE-ah)**: good morning
- **boa tarde (BOH-ah TAR-jee)**: good afternoon
- **boa noite (BOH-ah NOY-chee)**: good night / good evening
- **Como você se chama? (KOH-moo voh-SAY see SHAH-mah)**: What is your name?
- **Eu me chamo... (EH-oo mee SHAH-moo)**: My name is...

Warm-up

1. Wave and say oi (OY) with a big smile. Ask the student to wave back and say oi.
2. Explain that in Brazil people speak Portuguese, and today you will learn to say hello like a Brazilian kid.
3. Play Echo: you say oi, olá, tchau in a whisper, a loud voice and a silly voice; the student copies each one.

> *Oi! In Brazil, kids say oi to say hi. Can you say oi? Let's wave and say it together!*

Teach

1. Draw three picture cards: a sun rising (bom dia), a high sun (boa tarde), a moon (boa noite).
2. Say each greeting three times while pointing to the card. Have the student repeat with the matching gesture: arms up for the sun, arms in a circle for the high sun, hands under the cheek for the moon.
3. Teach tchau (CHOW) with a big wave goodbye.
4. Put on a sock puppet and ask: Como você se chama? (KOH-moo voh-SAY see SHAH-mah). Answer for the puppet: Eu me chamo Lulu (EH-oo mee SHAH-moo LOO-loo).
5. Help the student answer with their own name: Eu me chamo ___.

> *Bom dia is for the morning, boa tarde is for the afternoon, and boa noite is for night. When someone asks Como você se chama, you say Eu me chamo and then your name.*

Guided practice

1. Puppet show: the student holds one puppet, you hold the other. Act out: Oi! / Oi! / Como você se chama? / Eu me chamo ___. / Tchau! / Tchau!
2. Change the time of day by showing a picture card; the puppets must use the right greeting.
3. Switch roles so the student asks the question and you answer.

> *Your puppet wants to meet my puppet. Look at the card: is it morning or night? Which greeting do we use?*

Worked examples

It is 8 in the morning. How do you greet your neighbor in Portuguese?
Bom dia (bohn JEE-ah). Bom dia means good morning, and 8 o'clock is morning.

Someone asks: Como você se chama? Your name is Ana. What do you say?
Eu me chamo Ana (EH-oo mee SHAH-moo AH-nah). The question asks your name, so you answer with Eu me chamo and your name.

Watch for these mistakes

Mistake: Tchau means hello because it sounds like a happy word.
Fix: Pair tchau with a goodbye wave and walking away every time; pair oi with a wave toward the person. The gesture helps the meaning stick.

Mistake: Boa noite is only for going to bed.
Fix: Explain that in Brazil you also say boa noite when you meet someone in the evening after dark, like at dinner time. Point to the moon card: when it is dark, use boa noite.

③ We Do It Together: 10 questions

> *Do these side by side. Read each question together, let your student answer, then read the answer and the "why" right below it and talk it through.*

1. What does bom dia mean?

A good night **B** good morning **C** goodbye, see you later

> **Answer: B** good morning
> **Why:** Bom dia means good morning. Say it when the sun comes up.

2. Your name is Tom. Finish: Eu me chamo ___.

A tchau **B** oi **C** Tom

> **Answer: C** Tom
> **Why:** After Eu me chamo, you say your own name: Eu me chamo Tom.

3. What does olá mean?

A good night **B** hello **C** bye

> **Answer: B** hello
> **Why:** Olá (oh-LAH) means hello, just like oi.

4. What does Como você se chama? ask?

A Where are you? **B** How old are you on your birthday? **C** What is your name?

> **Answer: C** What is your name?
> **Why:** Como você se chama? asks for your name.

5. It is 8 at night and you go to bed. What do you say to Dad?

A Boa noite! **B** Boa tarde! **C** Bom dia!

> **Answer: A** Boa noite!
> **Why:** At bedtime we say boa noite, good night.

6. Grandpa arrives for dinner when it is dark. What do you say?

A Tchau, vovô! **B** Boa noite, vovô! **C** Bom dia, vovô!

> **Answer: B** Boa noite, vovô!
> **Why:** When it is dark, we greet with boa noite. Boa noite can be hello in the evening too.

7. Say hello in Portuguese.

Answer: Oi! or Olá! (OY / oh-LAH)
Why: Oi and olá both mean hello.

8. Pick the best way to start a talk with a friend.

A Oi! **B** Tchau! **C** Eu me chamo!

Answer: A Oi!
Why: We start a talk with oi, hello.

9. Finish the talk: A: Como você se chama? B: ___

A Eu me chamo Kai. **B** Tchau, Kai. **C** Como você se chama?

Answer: A Eu me chamo Kai.
Why: The question asks a name, so B says Eu me chamo and a name.

10. Your friend says Tchau! What is the best answer?

A Como você se chama? **B** Tchau! **C** Oi!

Answer: B Tchau!
Why: When a friend says bye, you say tchau back.

④ You Try: 10 questions

Now your student works alone. Check answers in the Answer Key at the end of this topic. Score: ____ / 10

1. Which word means hello: olá, tchau or obrigado?

A olá **B** tchau **C** obrigado

2. What does boa noite mean?

A good night **B** hello **C** good afternoon

3. You wake up and see Mom at breakfast. What do you say?

A Tchau! **B** Bom dia! **C** Boa noite!

4. It is 9 in the morning at school. Which greeting fits best?

A Boa noite! **B** Boa tarde! **C** Bom dia!

5. A boy asks Como você se chama? Your name is Rosa. What do you say?

A Boa tarde, Rosa. **B** Eu me chamo Rosa. **C** Como você se chama?

6. Which is the answer, not the question?

A Eu me chamo Ben. **B** Como você se chama, Ben? **C** Como você se chama?

7. Which greeting do you use at lunchtime at school, after 12?

A boa noite **B** bom dia **C** boa tarde

8. Mia says Boa noite at 7 in the morning. Is that right?

A No, she should say tchau. **B** Yes, it is right. **C** No, she should say bom dia.

9. Can boa noite mean hello?

A Only in the morning. **B** Yes, in the evening. **C** No, never.

10. Which talk is in the right order?

A Tchau! Oi! Eu me chamo Zoe. **B** Eu me chamo Zoe. Como você se chama? Oi!

C Oi! Como você se chama? Eu me chamo Zoe. Tchau!

Hello: greetings and names: Answers and explanations

① Quick Check

1. It is after lunch. Which greeting fits?
   A boa tarde
   After lunch is the afternoon, so we say boa tarde.

2. Which greeting goes with the moon and stars?
   A boa noite
   The moon comes out at night, so we say boa noite.

3. What does Eu me chamo mean?
   A My name is
   Eu me chamo means my name is. Then you say your name.

4. Which greeting goes with the sun coming up?
   B bom dia
   The sun comes up in the morning: bom dia!

5. Which word is NOT a greeting for hello?
   B tchau
   Tchau means bye. Oi and olá mean hello.

6. It is 3 in the afternoon. Which greeting fits best?
   A Boa tarde!
   3 in the afternoon is afternoon: boa tarde.

7. Tell your name in Portuguese.
   Eu me chamo and the child's own name, for example Eu me chamo Max.
   Eu me chamo means my name is.

8. Your friend says Bom dia! What do you say back?
   C Bom dia!
   Say the same greeting back: Bom dia!

9. You get home from school at 4 in the afternoon. Mom says Oi! What can you add?
   B Boa tarde!
   4 in the afternoon is afternoon, so boa tarde fits.

10. Greet a friend in the afternoon and tell your name in Portuguese.
    Boa tarde! (or Oi! Boa tarde!) Eu me chamo and the child's name.
    Boa tarde is for the afternoon, and Eu me chamo tells your name.

④ You Try

1. Which word means hello: olá, tchau or obrigado?
   A olá
   Olá means hello. Tchau means bye.

2. What does boa noite mean?

   A good night

   Boa noite is for when it is dark outside, in the evening or at bedtime.

3. You wake up and see Mom at breakfast. What do you say?

   B Bom dia!

   Breakfast is in the morning, so we say bom dia.

4. It is 9 in the morning at school. Which greeting fits best?

   C Bom dia!

   9 o'clock in the morning is morning, so we say bom dia.

5. A boy asks Como você se chama? Your name is Rosa. What do you say?

   B Eu me chamo Rosa.

   Answer with Eu me chamo and your name.

6. Which is the answer, not the question?

   A Eu me chamo Ben.

   Eu me chamo Ben tells your name. That is the answer.

7. Which greeting do you use at lunchtime at school, after 12?

   C boa tarde

   After 12 noon it is afternoon, so boa tarde.

8. Mia says Boa noite at 7 in the morning. Is that right?

   C No, she should say bom dia.

   7 in the morning is morning, so bom dia is right.

9. Can boa noite mean hello?

   B Yes, in the evening.

   Boa noite is hello in the evening and good night at bedtime.

10. Which talk is in the right order?

    C Oi! Como você se chama? Eu me chamo Zoe. Tchau!

    First hello, then the name question, then the answer, then bye.

THE FULL WORKBOOK

Keep going with the full Learn Portuguese workbook

You just tried one topic. The full Level 1 · Grades K–1 workbook has every topic below, each with a Quick Check, a lesson, We Do It Together, up to 90 You Try questions, Show What You Know and a full answer key.

1. Hello: greetings and names ..... ACTFL Novice Low: Interpersonal
2. How are you feeling? ..... ACTFL Novice Low: Interpersonal
3. Numbers 1 to 10 ..... ACTFL Novice Low: Interpretive Listening
4. Colors and shapes ..... ACTFL Novice Low: Interpretive Listening
5. My family ..... ACTFL Novice Low: Presentational Speaking
6. Head, shoulders, knees and toes ..... ACTFL Novice Low: Interpretive Listening
7. In my backpack: classroom objects ..... ACTFL Novice Low: Presentational Speaking
8. Animal friends and an original animal song ..... ACTFL Novice Low: Interpretive Listening
9. Hora do Lanche: fruits and snacks I like ..... ACTFL Novice Low: Interpersonal
10. O Que Eu Visto? clothes and colors ..... ACTFL Novice Low: Presentational Speaking
11. Sons do Português: vowels, nasal ão/ãe/õe, the ABC ..... ACTFL Novice Low: Interpretive Listening
12. Festa: birthdays, Festa Junina and Brazil on the map ..... ACTFL Novice Low: Interpretive Listening

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— Dr. Evan J. Hasson, founder

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