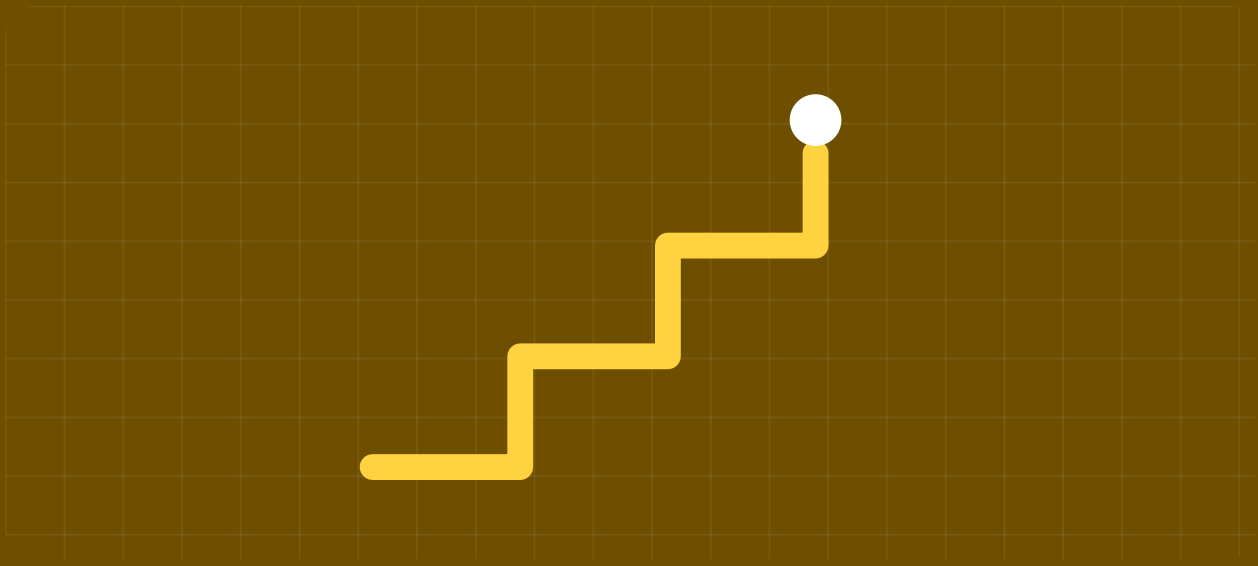
UpOnly Learning



LEVEL 2 · GRADES 2–3

FREE SAMPLE WORKBOOK

Learn Portuguese Level 2 · Grades 2–3

One step at a time. · Ages 7–9 · Free sample: 1 of 12 topics

UO-PTKIDS-L2

UpOnly Learning · Learn Portuguese · Level 2 · Grades 2–3 · © 2026 UpOnly Learning, LLC · Free sample · free to print and share · Page 1 of 17

OUR STORY

One step at a time

I'm Dr. Evan J. Hasson. I've run a specific chiropractic practice for over twelve years, and I'm a dad of three. My work is about alignment: get the structure right, and everything else works better.

At home, nothing was aligned. I was spending thousands a month on tutors, extracurriculars and programs, and when I asked about enrolling a second or third child the answer was always the same: that'll be double, that'll be triple. The charter school had a waiting list. The good public school had a waiting list. The private schools had the kind of list where it helps to know someone, or to give generously first.

And underneath all of it, the same quiet threat: if you don't pay for this, your child will fall behind. Not sold with evidence. Sold with fear.

So I did my own research, and here is what I found: none of it is secret. The standards are published. The order a child should learn in is written down and freely available. It is just scattered. Nobody had done the work of pulling it together, putting it in order and handing it over. So I did.

When every step has its place, confusion has nowhere to hide.

I built this for my own kids. I'm giving it to yours.

Dr. Evan J. Hasson, DC
Founder and dad of three

LEGAL

Copyright, license and disclaimers

Copyright. © 2026 UpOnly Learning, LLC. All rights reserved. UpOnly Learning™ and the step logo are trademarks of UpOnly Learning, LLC.

Free sample. This free sample may be printed and shared freely, as long as it is shared whole and unchanged, with this notice and the UpOnly Learning name. It may not be sold.

Not a school. UpOnly Learning is a private educational publisher, not a school, and is not affiliated with or endorsed by the US Department of Education, any state board of education or school district. This workbook does not award grades or credits and does not replace any curriculum your state requires. You are responsible for meeting your local homeschool laws.

Standards. Topics are aligned to academic standards in our own interpretation; the owners of those standards do not review or endorse this workbook. Common Core State Standards © Copyright 2010. National Governors Association Center for Best Practices and Council of Chief State School Officers. All rights reserved.

No guaranteed results, and mistakes happen. Every student learns differently. We write and review every question and answer key carefully, and we still get things wrong — an answer key can be wrong, and a question can be worded badly or have two defensible answers. Check the answer key before you hand it over, and trust your own judgement over ours. Found a problem? **Photograph the page and email it to support@uponlylearning.com** — the picture tells us more than a description, and we fix it for every family.

Safety. Some activities use household items such as scissors, coins or food. An adult should supervise and skip anything unsafe for the student.

Not professional advice. This workbook does not replace an evaluation by a qualified educator or specialist. The founder is a Doctor of Chiropractic; UpOnly Learning does not provide medical or health advice.

Full terms: uponlylearning.com/legal

INTRODUCTION

How to use this workbook

Each topic follows the same steps, so your student always knows what comes next.

1. ① **Quick Check.** 10 questions before you teach. Read them aloud for younger students. A high score means you can move faster.
2. ② **Learn It.** Key words, step-by-step teaching with lines you can read aloud, worked examples and the mistakes to watch for.
3. ③ **We Do It Together.** 10 questions you do side by side. The answer and the "why" are printed right after each question, so you can talk it through.
4. ④ **You Try.** 10 questions your student does alone.

Answers with short explanations for every question are in the **Answer Key** at the end of each topic, so students can work without peeking. Go over each wrong answer together using the explanation.

This workbook is printed in full color. To save ink, choose "Black and white" or "Grayscale" in your printer settings; every page still works in black and white.

Want online checks that score themselves and track each student's progress? Visit uponlylearning.com.

UpOnly Learning · Learn Portuguese · Level 2 · Grades 2–3 · © 2026 UpOnly Learning, LLC · Free sample · free to print and share · Page 4 of 17

RECOMMENDED PLAN · UO-PTKIDS-L2

How to use this Learn Portuguese book in Level 2 · Grades 2–3

Pace

Plan 1 to 2 weeks for each of the 12 topics, about 12 to 24 weeks for the book, in 2 to 4 sessions a week.

A typical session

A 20 to 30 minute session starts with saying the key words aloud, moves through Learn It and We Do It Together, and ends with a set of You Try questions.

Tips for this book

- Name the day, the weather, and the date in Portuguese each morning to practice Weather and seasons, Days of the week, and Months and birthdays.
- For Yummy! Food I like and don't like, talk about real meals using eu gosto and eu não gosto.
- Act out Action words: run, jump, dance by doing each action as you say the word.
- Read O Gato e a Lua aloud more than once, then check You Try answers with the key and say each correct answer aloud.

> *A little Portuguese every day at home keeps the words fresh and makes your student proud of what they know.*

UpOnly Learning · Learn Portuguese · Level 2 · Grades 2–3 · © 2026 UpOnly Learning, LLC · Free sample · free to print and share · Page 5 of 17

LEVEL 2 · GRADES 2–3

CONTENTS · UO-PTKIDS-L2

Learn Portuguese: Level 2 · Grades 2–3

Free Sample Workbook · Ages 7–9 · 1 of 12 topics, with a Quick Check, a lesson, We Do It Together, You Try and an answer key

Our story 2

Copyright, license and disclaimers 3

How to use this workbook 4

Topic 1 · Numbers 11 to 31 and my age **7**

Count to 31 and ask and answer Quantos anos você tem? ACTFL Novice Mid: Interpersonal

Quick Check 7 · Learn It 8 · We Do It Together 10 · You Try 12 · Answer Key 13

TOPIC 1 · ACTFL NOVICE MID: INTERPERSONAL

Numbers 11 to 31 and my age

The student will count from 11 to 31 in Portuguese and ask and answer Quantos anos você tem?

① Quick Check

Do this before the lesson. It shows what your student already knows. Score: ____ / 10

1. What does Quantos anos você tem? mean?

A How old are you? **B** What is your name? **C** How are you? **D** When is your birthday?

2. What does Eu tenho oito anos mean?

A I am eight years old. **B** I am eighteen. **C** My name is Oito. **D** I have eight toys.

3. How do you say 30 in Portuguese?

A trinta **B** vinte **C** treze **D** três

4. What number is catorze?

A 15 **B** 4 **C** 14 **D** 40

5. Finish the count: vinte e quatro, vinte e cinco, ___.

A vinte e sete **B** vinte e três **C** vinte e seis **D** dezesseis

6. Which number comes after quinze?

A cinquenta **B** catorze **C** dezessete **D** dezesseis

7. Mila is 9. How does she answer Quantos anos você tem?

A Eu tenho nove. **B** Eu sou nove. **C** Eu sou nove anos. **D** Eu tenho nove anos.

8. Write the number for vinte e três.

A 13 **B** 32 **C** 23 **D** 30

9. Which number does NOT belong: doze, treze, catorze, trinta?

A treze **B** trinta **C** catorze **D** doze

10. Count from vinte to vinte e cinco in Portuguese.

UpOnly Learning · Learn Portuguese · Level 2 · Grades 2–3 · © 2026 UpOnly Learning, LLC · Free sample · free to print and share · Page 7 of 17

② Learn It

Key words

- **onze (OHN-zee)**: 11
- **doze (DOH-zee)**: 12
- **treze (TREH-zee)**: 13
- **catorze (kah-TOR-zee)**: 14
- **quinze (KEEN-zee)**: 15
- **dezesseis (deh-zee-SAYS)**: 16
- **dezessete (deh-zee-SEH-chee)**: 17
- **dezoito (deh-ZOY-too)**: 18
- **dezenove (deh-zee-NOH-vee)**: 19
- **vinte (VEEN-chee)**: 20
- **trinta (TREEN-tah)**: 30
- **e (ee)**: and (used to build numbers like vinte e um)
- **Quantos anos você tem? (KWAHN-toos AH-noos voh-SAY teyn)**: How old are you?
- **Eu tenho ... anos. (EH-oo TEN-yoo ... AH-noos)**: I am ... years old.

Warm-up

1. Greet with Oi! Tudo bem? Count 1 to 10 in Portuguese while tossing the ball back and forth.
2. Ask the student how old they are in English.

> *Oi! Let's toss the ball and count: um, dois, três... dez! Today we learn bigger numbers.*

Teach

1. Write 11 to 15 on paper. Say onze, doze, treze, catorze, quinze; the student repeats. These must be memorized.
2. Write 16 to 19. Show the pattern: dez + seis becomes dezesseis, dez + sete becomes dezessete, dezoito, dezenove.
3. Write 20 and say vinte. Then show the and pattern: vinte e um (21), vinte e dois (22) ... vinte e nove (29).
4. Write 30 and 31: trinta, trinta e um.
5. Teach the age question Quantos anos você tem? and the answer Eu tenho oito anos. Point out that Portuguese says I have eight years, not I am eight.

> *Vinte e um means twenty and one. In Portuguese we say I have eight years: Eu tenho oito anos.*

Guided practice

1. Point to dates on the calendar from 11 to 31; the student says each number.
2. Say a number; the student writes it in digits.
3. Role-play: ask the ages of family members and pets. Quantos anos você tem? The student answers for each one with Eu tenho ... anos.

> *Look at the calendar. What is this number? Vinte e cinco! Muito bem!*

Worked examples

How do you say 24 in Portuguese?
vinte e quatro (VEEN-chee ee KWAH-troo). Vinte (20) and quatro (4).

Your cousin is 9. How does she answer Quantos anos você tem?
Eu tenho nove anos (EH-oo TEN-yoo NOH-vee AH-noos). Portuguese says I have nine years.

Watch for these mistakes

Mistake: To say my age, I say Eu sou oito (I am eight).
Fix: Explain that in Portuguese you have years: Eu tenho oito anos. Hold up a pretend bag of years to show you have them.

Mistake: 21 is vinte um, without the e.
Fix: Show that the little word e (and) glues the numbers together: vinte e um. Clap three times for vinte-e-um.

UpOnly Learning · Learn Portuguese · Level 2 · Grades 2–3 · © 2026 UpOnly Learning, LLC · Free sample · free to print and share · Page 9 of 17

③ We Do It Together: 10 questions

> *Do these side by side. Read each question together, let your student answer, then read the answer and the "why" right below it and talk it through.*

1. What number is treze?

A 12 **B** 13 **C** 3 **D** 30

> **Answer: B** 13
> **Why:** Treze (TREH-zee) is 13.

2. Which word means and in numbers like vinte e dois?

A é **B** e **C** de **D** um

> **Answer: B** e
> **Why:** The little word e means and: vinte e dois is 20 and 2.

3. What number is trinta e um?

A 13 **B** 31 **C** 30 **D** 21

> **Answer: B** 31
> **Why:** Trinta e um is 30 and 1: 31.

4. What number is dezesseis?

A 60 **B** 17 **C** 16 **D** 6

> **Answer: C** 16
> **Why:** Dezesseis is dez + seis: 10 + 6 = 16.

5. Which number comes after trinta?

A trinta e um **B** treze **C** vinte e nove **D** trinta e dois

> **Answer: A** trinta e um
> **Why:** After 30 comes 31: trinta e um.

6. Which number comes before vinte?

A vinte e um **B** nove **C** dezenove **D** dezoito

> **Answer: C** dezenove
> **Why:** Before 20 is 19: dezenove.

7. Finish: Eu ___ dez anos.

A tenho **B** é **C** sou **D** estou

> **Answer: A** tenho
> **Why:** We say Eu tenho dez anos: I have ten years.

8. How do you say 28 in Portuguese?

A vinte oito **B** vinte e dezoito **C** dezoito **D** vinte e oito

> **Answer: D** vinte e oito
> **Why:** 28 is 20 and 8: vinte e oito.

9. Ollie has 14 stickers and gets 4 more. How many now?

A dezenove **B** catorze **C** dezoito **D** dezessete

> **Answer: C** dezoito
> **Why:** 14 + 4 = 18, which is dezoito.

10. Your cousin is 12. What does your cousin say?

A Eu tenho dois anos. **B** Eu sou doze. **C** Eu tenho vinte anos. **D** Eu tenho doze anos.

> **Answer: D** Eu tenho doze anos.
> **Why:** 12 is doze: Eu tenho doze anos.

④ You Try: 10 questions

Now your student works alone. Check answers in the Answer Key at the end of this topic. Score: ____ / 10

1. How do you say 17 in Portuguese?

A sete **B** setenta **C** dezessete **D** dezesseis

2. How do you say 12 in Portuguese?

A treze **B** dois **C** dez **D** doze

3. What number is vinte e um?

A 12 **B** 20 **C** 31 **D** 21

4. Which number comes before treze?

A três **B** onze **C** doze **D** catorze

5. How do you say 22 in Portuguese?

A dois e vinte **B** vinte e dois **C** vinte dois **D** doze e dois

6. Finish: Eu tenho seis ___.

A dias **B** um **C** anos **D** tenho

7. Write the number for vinte e seis.

A 62 **B** 206 **C** 26 **D** 16

8. Trinta minus um is...

A dezenove **B** trinta e um **C** vinte e um **D** vinte e nove

9. Ravi is 8 now. How old will he be next year? Answer in Portuguese.

A dez anos **B** dezenove anos **C** nove anos **D** oito anos

10. Finish the talk: A: Quantos anos você tem? B: ___

A Tudo bem, onze. **B** Eu tenho onze anos. **C** Eu me chamo onze. **D** Eu sou onze anos.

Numbers 11 to 31 and my age: Answers and explanations

① Quick Check

1. What does Quantos anos você tem? mean?
   A How old are you?
   Quantos anos você tem? asks your age.

2. What does Eu tenho oito anos mean?
   A I am eight years old.
   Eu tenho ... anos is how you tell your age.

3. How do you say 30 in Portuguese?
   A trinta
   30 is trinta.

4. What number is catorze?
   C 14
   Catorze (kah-TOR-zee) is 14.

5. Finish the count: vinte e quatro, vinte e cinco, ___.
   C vinte e seis
   24, 25, 26. 26 is vinte e seis.

6. Which number comes after quinze?
   D dezesseis
   After 15 comes 16: dezesseis.

7. Mila is 9. How does she answer Quantos anos você tem?
   D Eu tenho nove anos.
   Portuguese says I have nine years: Eu tenho nove anos.

8. Write the number for vinte e três.
   C 23
   Vinte e três is 20 + 3 = 23.

9. Which number does NOT belong: doze, treze, catorze, trinta?
   B trinta
   Doze, treze and catorze are 12, 13 and 14. Trinta is 30.

10. Count from vinte to vinte e cinco in Portuguese.
    vinte, vinte e um, vinte e dois, vinte e três, vinte e quatro, vinte e cinco
    Each number after vinte uses e plus the next small number.

④ You Try

1. How do you say 17 in Portuguese?
   C dezessete
   17 is dez + sete: dezessete.

2. How do you say 12 in Portuguese?

   D doze

   12 is doze (DOH-zee).

3. What number is vinte e um?

   D 21

   Vinte e um is 20 and 1: 21.

4. Which number comes before treze?

   C doze

   Before 13 is 12: doze.

5. How do you say 22 in Portuguese?

   B vinte e dois

   22 is vinte e dois. Don't forget the e!

6. Finish: Eu tenho seis ___.

   C anos

   The word for years is anos: Eu tenho seis anos.

7. Write the number for vinte e seis.

   C 26

   Vinte is 20 and seis is 6: 26.

8. Trinta minus um is...

   D vinte e nove

   30 - 1 = 29, which is vinte e nove.

9. Ravi is 8 now. How old will he be next year? Answer in Portuguese.

   C nove anos

   8 + 1 = 9: nove anos.

10. Finish the talk: A: Quantos anos você tem? B: ___

    B Eu tenho onze anos.

    The answer to an age question is Eu tenho ... anos.

THE FULL WORKBOOK

Keep going with the full Learn Portuguese workbook

You just tried one topic. The full Level 2 · Grades 2–3 workbook has every topic below, each with a Quick Check, a lesson, We Do It Together, up to 90 You Try questions, Show What You Know and a full answer key.

1. Numbers 11 to 31 and my age — ACTFL Novice Mid: Interpersonal
2. Food I like and don't like — ACTFL Novice Mid: Interpersonal
3. Weather and seasons — ACTFL Novice Mid: Interpretive Listening
4. Days of the week — ACTFL Novice Mid: Interpersonal
5. Months and birthdays — ACTFL Novice Mid: Presentational Speaking
6. Action words: run, jump, dance — ACTFL Novice Mid: Interpretive Listening
7. Asking simple questions — ACTFL Novice Mid: Interpersonal
8. Story time: O Gato e a Lua — ACTFL Novice Mid: Interpretive Reading
9. Contando até Cem: numbers 31 to 100 — ACTFL Novice Mid: Interpretive Listening
10. eu/você/ele/ela/nós: verbs that change (present tense, regular -ar) — ACTFL Novice Mid: Presentational Speaking
11. Bichos do Brasil: animals and where they live (Amazon, Pantanal, coast); plurals — ACTFL Novice Mid: Interpretive Reading
12. Estou com Fome: meals and how I feel (estou com fome/sede/frio/calor/sono) — ACTFL Novice Mid: Interpersonal

Get it, plus online lessons with self-scoring checks and progress tracking, at **uponlylearning.com**.

UpOnly Learning · Learn Portuguese · Level 2 · Grades 2–3 · © 2026 UpOnly Learning, LLC · Free sample · free to print and share · Page 15 of 17

More from UpOnly Learning

Every subject, kindergarten through 8th grade, in English, Spanish and Portuguese. 739 topics · 80,000+ practice questions.

Membership

On-screen lessons, practice, Quick Checks, progress reports and rewards in every subject, for the whole household.

Practice workbooks

Printable workbooks for every subject and grade, including Common Core and Singapore math, with every answer explained.

Prepare books

Prepare for the next grade: short books that get students ready for a new school year.

Three free checks, three passes

Each free check shows exactly where to begin, and each pass gives the full plan:

- **Rebuild Your Foundation** helps fill the gaps in K–8 math, reading and English.
- **Language pass** helps students learn a new language, one step at a time.
- **Business pass** helps develop a business mind: real skills, ideas and a plan.

Flashcards

Digital flashcards with audio in several languages, plus printable cards.

Learning games

The Math You Build, The Words You Find, read-along stories, a science game and typing practice.

Free resources

Free lessons, samples, guides and family books for students, parents, teachers and tutors.



“I built this for my own children. I’m giving it to yours.”

— Dr. Evan J. Hasson, founder

Visit

uponlylearning.com

Scan to see everything we offer

UpOnly Learning

Your next step starts here

Free workbooks, practice sheets and parent guides, plus printable books for every grade we cover, in English, Spanish and Portuguese. We keep adding new grades and subjects, so see what's new on our website.

Visit uponlylearning.com

Scan with your phone's camera

Help us make this better

We are constantly updating our material so it keeps getting better. If you spot a mistake, photograph the page and email it to support@uponlylearning.com. We read every message.

One step at a time.

UO-PTKIDS-L2 · © 2026 UpOnly Learning, LLC. Free sample · free to print and share.